

## *Foreword by Mr D. McClurg*

*Chairman, Northern Ireland Police Fund*

The report of the Review of the Northern Ireland Police Fund produced by John Steele in the Autumn of 2004 recommended that the Police Fund co-ordinated the production of a handbook setting out all the different roles of the organisations.

In response to and meeting that recommendation I am delighted to be able to introduce this booklet which sets out the various roles and responsibilities of organisations involved in police care in Northern Ireland.

For the first time in one place the main roles and responsibilities are detailed in a clear and unambiguous manner which should help all police obtain the assistance and support they may need.

I do hope you find this booklet useful but as always constructive comment would be welcomed by:

### *Northern Ireland Police Fund*

Maryfield Complex  
100 Belfast Road  
Holywood  
Co Down  
BT18 9QY

# Northern Ireland Police Fund

## *Role*

To cover all aspects of the care of ex-police officers (and their families) in Northern Ireland who have been seriously injured by terrorist violence, and the widow(ers), children and parents of murdered police officers.

## *Objectives*

To provide grant assistance to police officers and ex-police officers who have been seriously injured or disabled as a direct result of terrorist violence, and the families of murdered police officers.

To provide a general co-ordinating role with other groups operating in its field:

- Disabled Police Officers' Association NI
- Forgotten Families
- Northern Ireland Retired Police Officers' Association
- Police Rehabilitation and Retraining Trust
- RUC GC-PSNI Benevolent Fund
- RUC GC Parents' Association
- RUC GC Widows' Association
- Carers' Association

## *Services Provided*

### **Disability Adaptations –**

provides funding for the provision of specialised equipment, or adaptations to dwellings, for those seriously injured directly through terrorist violence.

### **Disability Support –**

provides assistance for those who are experiencing hardship as a result of an injury or disability caused as a direct result of terrorist violence.

### **Bereavement Support Scheme –**

provides assistance for those experiencing hardship as a result of bereavement through terrorist violence.

### **Educational Bursaries –**

provides funding to those whose lives have been adversely affected by terrorist violence and who may benefit from supported access to education.

### **Home Visitors –**

this scheme, which is being run through the auspices of the NI Retired Police Officers' Association, will provide practical pre-application support and assistance and increase contact with existing clients, as well as identifying potential new clients.

### **Prostheses/Wheelchair Grants –**

provides grant assistance to ensure that police officers and former officers disabled as a result of terrorist violence have access to the most appropriate prostheses or mobility aids.

### **Psychological Support –**

provides counselling and psychological support to those who have been adversely affected by terrorist violence.

### **Regular Payments –**

this scheme is intended to provide a regular top up to eligible clients who are on very low incomes.

### **Carers' Respite Breaks -**

this scheme provides financial assistance towards the cost of short/respite care breaks for primary carers (someone who has the sole responsibility for caring) of officers, ex-officers, parents and the widow(ers) of murdered officers who have suffered as a result of the terrorist campaign and who meet the NIPF eligibility criteria, and who would ordinarily be unable to take a respite break because of their responsibility to the dependant.

### **Chronic Pain Management –**

provides access to specialist treatment for those experiencing long-term pain as a direct result of terrorist violence. Intervention may include provision of a place on a pain management programme or referral to a medical or approved alternative provider appointed by the Police Fund.

In addition to the above schemes, the Northern Ireland Police Fund also funds further programmes through other police family organisations such as the NI Disabled Police Officers' Association, the Northern Ireland Retired Police Officers' Association, the RUC GC Widows' Association, the RUC GC Parents' Association, the RUC GC-PSNI Benevolent Fund, Carers' Association and the Police Rehabilitation & Retraining Trust.

Programmes include, *inter alia*, payments to those who were widowed before 25 November 1982 and now known as 'Early Widows'; payments for prosthetics, wheelchairs and pain management; staff administrative costs; travel to convalescent homes; pain management programmes.

Some schemes require applicants to provide financial details.

### *Eligibility Criteria*

The eligibility criteria for assistance from the Northern Ireland Police Fund is as follows:

- Injured ex-officers who have been awarded an IOD of Band 2 or above and serving officers who have suffered a serious injury as a result of being the direct target of a terrorist attack; and,
- Widow(ers), children and parents of murdered officers.

### *Contact Details*

**Northern Ireland Police Fund  
Maryfield Complex  
100 Belfast Road  
Holywood  
Co Down  
BT18 9QY**

**Tel: (028) 9039 3556**

**Fax: (028) 9039 3555**

**E-mail: [admin@nipolicefund.org](mailto:admin@nipolicefund.org)**

**Web: [www.nipolicefund.org](http://www.nipolicefund.org)**

# *Disabled Police Officers' Association NI*

## *Role*

Membership is open to all members who have suffered serious injury whilst on duty with the RUC/PSNI or as a result of their service. The admission criteria are Injury on Duty assessed at 35% - Industrial Injuries 20% - all applicants must produce documentary evidence of injury at the time of application.

The Association is a charity recognised by the Inland Revenue and is funded by charitable donations and grants from the NICRC and Lloyd's TSB Foundation, the Northern Ireland Police Fund, Greater Manchester Police and voluntary donations.

## *Services Provided*

The following are some of the range of services provided to the members:

- Annual Christmas Dinner in Belfast
- Annual Christmas Luncheon in Omagh
- Annual Family BBQ
- Art Classes
- Befriending/Home & Hospital Visiting Services
- Children's Christmas Party for Children and Grandchildren
- Confidential Telephone Help-Line
- Information Days where statutory agencies attend to provide assistance with form filling, queries, etc.
- Monthly Members' Away Days held in a different location around the province each month

- Monthly Newsletter
- Time outs for disabled and carers
- Transport and Professional Carers

All information provided to or contact made with the Association is in the strictest confidence.

## *Contact Details*

**DPOANI**  
**Maryfield Complex**  
**100 Belfast Road**  
**Hollywood**  
**Co Down**  
**BT18 9QY**

**Tel: (028) 9039 3575**

**Fax: (028) 9042 1747**

**E-mail: [info@dpoani.org](mailto:info@dpoani.org)**

**Web: [www.dpoani.org](http://www.dpoani.org)**

# Local Voluntary Welfare Groups

## *Role*

To offer all ex-members, widows and pensioners the opportunity to meet informally within their local area and avail of the facilities offered with regard to welfare and social issues by their group or other agencies such as the RUC GC-PSNI Benevolent Fund.

## *Aims*

- To organise holidays, outings, social events and services for its membership
- To provide support in a welfare capacity
- To liaise with the RUC GC-PSNI Benevolent Fund with regard to matters of welfare where financial help is required
- To liaise with the RUC GC-PSNI Benevolent Fund with regard to claims for running expenses
- To liaise with all other groups, eg: RUC GC Foundation, NI Memorial Fund, Police Dependants' Trust, for the benefit of all members
- To maintain a working relationship with appointed Welfare Liaison Officers

## *Services Provided*

- Holidays
- Information Meetings
- Outings
- Social Events
- Welfare Help

## *Contact Details*

Local Voluntary Welfare Groups can be contacted via:-

**RUC GC-PSNI Benevolent Fund  
Police Federation for Northern Ireland  
77-79 Garnerville Road  
Belfast  
BT4 2NX**

**Tel: (028) 9076 4215 / 9076 4200**

**Fax: (028) 9076 1549**

**E-mail: [benfund.pfni@btconnect.com](mailto:benfund.pfni@btconnect.com)**

**Web: [www.rucgc-psnibenevolentfund.org](http://www.rucgc-psnibenevolentfund.org)**

# Northern Ireland Memorial Fund

## *Role*

To be the primary charity dedicated to introducing and sustaining programmes that support those who have suffered as a result of the “Troubles” in Northern Ireland and to raising funds for that purpose.

## *Aims / Objectives*

To acknowledge and address the suffering of victims as identified by both the Good Friday Agreement and the report of the Northern Ireland Victims Commissioner.

To promote peace and reconciliation by recognising that the needs of victims are an important part of the healing process in Northern Ireland.

To help victims build a better future for themselves by providing them with the support they need.

To help in the following:

- Financial Hardship
- Pain Relief and Respite Care
- Training and Education
- Trauma and Counselling

## *Services Provided*

**Chronic Pain Management Scheme** – provides grant assistance to contribute towards private medical consultation and subsequent treatments for those who sustained injuries in the “Troubles”.

**Discretionary Hardship Fund** – provides a grant to individuals/families on a low income who are experiencing financial difficulties.

**Education and Training Scheme** – provides grant assistance that allows those who have been affected by the “Troubles” to access educational and training opportunities that will improve their employment prospects.

**Short Break Scheme** – gives individuals and families that have been affected by the “Troubles” short breaks throughout the British Isles.



### *Contact Details*

#### Policy Issues:

**Mrs Carolyn Mada  
Head Office  
Unit 1  
33 Massey Avenue  
Belfast  
BT4 2JT**

**Tel: (028) 9076 1166  
Fax: (028) 9076 1144**

#### Grant Queries:

**Miss Maria McKeown  
Grants Office  
Unit 1  
33 Massey Avenue  
Belfast  
BT4 2JT**

**Tel: (028) 9076 1166  
Fax: (028) 9076 1144**

# Northern Ireland Retired Police Officers' Association

## *Role*

The role of the organisation is "Improving the Lives of Retired Police Officers in Northern Ireland".

We have over 3,000 members in the Association.

## *Aims / Goals*

The aims of the Northern Ireland Retired Police Officers' Association are:

- Contact with those injured or in ill health
- Ensuring equality of treatment
- Liaison with Central/ Local Government
- Maintaining contact with members
- Measures which benefit members
- Organise/participate in selected social/community events
- Representations on local, national and UK relevant bodies
- Safeguarding pension
- Specialist advice on pension and allowances

## *Objectives*

The objectives of the Northern Ireland Retired Police Officers' Association are:

- To maintain a database to harness the many enquiries being made
- To produce a magazine called "Reunion"
- To maintain the Family Service with almost 50 trained visitors

## *Contact Details*

**Northern Ireland Retired Police Officers' Association**  
**Maryfield Complex**  
**100 Belfast Road**  
**Hollywood**  
**Co Down**  
**BT18 9QY**

**Tel: (028) 9039 3568**  
**Fax: (028) 9042 3556**  
**Email: [info@nirpoa.org](mailto:info@nirpoa.org)**  
**Website: [www.nirpoa.org](http://www.nirpoa.org)**

## *Officials*

**Chairman:** Mr D Turkington MBE  
**Vice Chairman:** Mr R Cairns QPM  
**Secretary:** Mr Ernest W Downey  
**Treasurer:** Mr W Moore

## *Secretariat*

Mrs Karen Moore

## *Office Manager*

Mr Sam Lamont

# Police Dependants' Trust

## Role

The Police Dependants' Trust was set up in 1966 following the murder of three officers by armed criminals. The main purpose of the Trust is to assist in cases of need for:-

- (a) Dependants of police officers, or former police officers who die, or have died, as a result of an injury received in the execution of duty; and,
- (b) Police officers, or former police officers, who are or have been, incapacitated as a result of an injury received in the execution of duty, or dependants of such officers.

The Trust also makes grants to charities that have as their objective the relief of sickness, or mental and physical disabilities, of police officers or former police officers. For example, the Trust has given grants of £500,000 to both the Southern and Northern Police Convalescent Homes.

## Services Provided

Where need is established, the Trust can help in a number of ways:-

### **Maintenance Grants –**

these are awarded to those whose income, after accommodation costs, falls below a defined level. This enables incapacitated officers and dependants to enjoy a better standard of living.

### **Special Purposes –**

these grants are made in a wide variety of situations, but most commonly to incapacitated officers for special adaptations to their car, or for special equipment to help ease their disability, or even to have their homes adapted to suit their particular needs.

### **Children's Grants –**

not just to cover the essentials, such as clothing, but a grant could also be made for the purchase of items such as sports or computer equipment. The Trust supports children all the way through their schooling and even on to university.

### **Funeral Grants –**

these can be made to help at the most difficult of times.

### **Holiday Grants –**

beneficiaries of the Trust on low incomes can be given a grant to take a holiday, if they otherwise cannot afford to do so; also, those with special needs can be given assistance.



### *Contact Details*

**Police Dependants' Trust  
3 Mount Mews  
High Street  
Hampton  
England  
TW12 2SH**

**Tel: 020 8941 6907**

**Fax: 020 8979 4323**

**E-mail:**

**[office@policedependantstrust.org.uk](mailto:office@policedependantstrust.org.uk)**

**Web:**

**[www.policedependantstrust.org.uk](http://www.policedependantstrust.org.uk)**

**Please note:** All Northern Ireland applications and registrations for the Police Dependants' Trust are processed by RUC GC-PSNI Benevolent Fund (see contact details on page 16).

# Police Rehabilitation and Retraining Trust

## Role

The Police Rehabilitation and Retraining Trust exists to assist retired and retiring officers to recognise their potential, identify opportunities, set and achieve their objectives and enjoy optimum mental and physical wellbeing beyond policing.

We enable clients to achieve their goals by providing:

- Psychological Therapies
- Physiotherapy
- Personal Development and Employment Transition support
- Training and Education courses.

Multi-disciplinary expertise is utilised to develop customised services to respond to the complexity of individual need.

## Services Provided

### Psychological Therapies Service

The Service is available to eligible clients who experience emotional difficulties related to their work, and is also available to family members. In addition we offer a Young People's Service to the children of all police officers, retired and serving.

When referred, an appointment is made to discuss individual needs within two weeks. If the Trust's services are appropriate to address the presenting problem, treatment will be offered at Maryfield, or it may be provided directly from one of our regional therapists closer to the client's home, if this is available and more convenient. If the Trust's service is not the most appropriate for the client's condition,

they will be offered advice and a referral to a more suitable organisation.

All treatment offered is short-term, usually lasting for 12 sessions, although if more or less is required this can be negotiated. The Trust uses treatment techniques which have been proven to achieve positive outcomes. Clients will be asked to play an active part in treatment, working in partnership with their therapist.

### Physiotherapy Service

The Physiotherapy Service at PRRT aims to provide a high quality, clinically effective service, which is responsive to our clients needs. It was set up to provide physiotherapy for clients suffering from Musculo-skeletal conditions such as neck and back pain, joint pain and stiffness and soft tissue injuries. A team of senior Chartered Physiotherapists is based at Maryfield and provides an in-house service to clients from the greater Belfast area.

Clients from the rest of the province are initially assessed at Maryfield if they are able to travel. Any necessary treatment is then carried out at an approved Physiotherapy practice closer to their home. For clients unable to travel due to pain or disability, the initial assessment can be carried out in their own home. The Service will offer additional programmes, where clinically appropriate, in support of one-to-one treatment. These include:

- Hydrotherapy
- Core Stability Course
- Chronic Pain Management Programme

- Exercise for Arthritis
- Tai Chi (in conjunction with the Psychological Therapies Department).

### **Personal Development and Employment Transition Service**

A comprehensive Personal Development and Employment Transition Service is provided at Maryfield and in other locations in Northern Ireland to eligible clients.

One-to-one sessions with an Adviser are designed to help identify personal skills, abilities and aptitudes. Information, advice and guidance are provided to help clients make decisions about options including planning a new career, choosing a job, self employment, education and training opportunities and pursuing an active retirement.

Advisers support clients to achieve their objectives in one-to-one and group workshop formats by:

- Facilitating change
- Confidence building
- Challenging negativity
- Motivating and empowering
- Supporting effective research techniques
- Informed decision making
- Action planning.

### **Training and Education Service**

The Trust's Training and Education Service is designed to provide eligible clients with the necessary qualifications and skills to achieve their individual career and

personal goals outside the police service. The Service provides a varied range of in-house and external training courses, and it offers some of the best training in the UK. Not only is it designed and presented to a very high standard, but it is also designed specifically for police officers. Some training courses are 100% funded for eligible clients, and others ask for a small client contribution.

The Trust has a vast array of training courses which fall into the following categories:

- I.T. (onsite)
- Business Related (onsite)
- Academic (onsite)
- Trades and Skills (offsite)
- Security Related (onsite)
- Personal Development (onsite).

Financial Training Support may be available to eligible clients who would like to pursue a particular course of study or training which is not included in the PRRT Training Prospectus.

### *Eligibility*

#### **Psychological Therapies**

- Retired or retiring police officers
- Relatives of the above
- Relatives of a deceased officer, including parents
- Serving officers at the request of Occupational Health & Welfare
- Children of any officer (serving or retired).

## **Physiotherapy**

- All retired officers without BUPA
- All retired officers with BUPA who are willing to use it to fund treatment
- Retiring officers within 6 weeks of their official retiring date
- Serving officers referred through Attendance Management Scheme
- RUC GC and PSNI Widows
- Spouses are not eligible, however exception may be made where they are the main carer of a retired officer with a severe physical disability.

## **Personal Development and Employment Transition Service and Training and Education**

- Medically retired officers who are in temporary employment, or who have been in permanent employment for less than 12 months
- Retired officers – excluding:
  - Officers who have not yet reached their second anniversary of leaving via the Voluntary Severance Programme
  - Officers who have been in part or full time permanent employment for more than twelve months
  - Officers who have been self employed for more than two years
- RUC GC and PSNI Widows (in-house training services only)
- All Full Time Reserve (FTR) officers

who have not yet entered the FTR Severance Programme

- Regular serving officers with at least 20 years' service completed, who have not yet been accepted for voluntary severance, and who have an intention of leaving the service within 10 years
- Family members may be eligible for business related courses only when working as an integral part of a PRRT client's business.

## *Self Funding*

The following groups may access PRRT's training courses on a self-funding basis:

- Police officers who do not meet PRRT's eligibility criteria
- Immediate family members of serving or retired police officers
- Police support staff
- Part-time police officers.

## *Contact Details*

### **Police Rehabilitation & Retraining Trust**

**Maryfield Complex  
100 Belfast Road  
Holywood  
Co Down  
BT18 9QY**

**Tel: (028) 9042 7788  
Fax: (028) 9042 3566  
E-mail: [info@prrt.org](mailto:info@prrt.org)  
Web: [www.prrt.org](http://www.prrt.org)**

# *PSNI Occupational Health and Well-being*

## *Role*


To improve the Health and Well-being of Police Officers and Staff.

## *Aims / Goals*

- To provide an efficient and effective health surveillance programme for officers and staff;
- To provide a job related health promotion programme for officers and staff;
- To provide a job related health and physical training programme for officers;
- To assist in providing the maximum numbers of officers and staff to be fit for and attending work;
- To develop and deliver a customer focused employee support programme to officers and staff;
- To provide an effective and efficient communication network both internally and to our customers.

## *Objectives*

- To provide an effective vaccination programme.
- The continued development, monitoring and delivery of a holistic Health Promotion Strategy for the organisation;
- To provide assistance in the maintenance of an appropriate standard of physical competence at student officer and probationer officer levels;
- To provide a prompt response to referrals from management on officers and staff on attendance management and fitness for work issues;
- To review all duty adjustments currently in place for officers and assist those officers with a duty adjustment to return to a full range of duties where possible;
- To monitor the extended Physiotherapy scheme;
- To identify and develop protocols for further rehabilitation interventions;

- 
- To monitor the delivery of the employee support programme to officers and staff;
  - To publish the new Critical Incident Stress Management protocols and raise awareness of the processes involved;
  - To identify “at risk” groups and investigate the requirements for carrying out annual screening with regard to psychological issues;
  - To develop the Branch Intranet site on PoliceNet;
  - To identify measures to increase and improve the awareness of OH&W services both internally and externally;
  - To facilitate and support the introduction of a new OH&W IT system.

### *Contact Details*

**Occupational Health and Well-being  
Seapark  
151 Belfast Road  
Carrickfergus  
Co Antrim  
BT38 8PL**

**Tel: (028) 9070 0718  
Fax: (028) 9070 0731**

# *RUC GC-PSNI Benevolent Fund*

## *Role*

To support ex-members of the RUC GC, police widows, dependants, injured and disabled officers, as well as members of the PSNI who find themselves experiencing financial hardship or difficulty. In all instances, a case of need must be identified.

## *Aims*

The Fund aims to provide assistance to:-

- Dependants of any of the above
- Ex-members/pensioners
- Ex-members who are not pensionable
- Injured or disabled officers
- Parents of deceased single officers
- Serving police officers
- Widows/widowers

The RUC GC-PSNI Benevolent Fund is a charity that aims to address the most deserving cases.

To meet every month and consider requests for financial help and other Benevolent Fund matters.

To consider grants where there is clear evidence of financial hardship or difficulty.

## *Objectives*

Identify cases from those requesting assistance from the Fund for the Benevolent Fund Representatives to visit and present their cases to the Committee.

To assess each case and discuss on its own merit. To provide grants to the most deserving cases.

## *Contact Details*

**The Secretary**  
**RUC GC-PSNI Benevolent Fund**  
**Police Federation for Northern Ireland**  
**77-79 Garnerville Road**  
**Belfast**  
**BT4 2NX**

**Tel: (028) 9076 4215 / 9076 4200**

**Fax: (028) 9076 1549**

**E-mail: [benfund.pfni@btconnect.com](mailto:benfund.pfni@btconnect.com)**

**Web: [www.ruc-psnibenevolentfund.com](http://www.ruc-psnibenevolentfund.com)**

# *RUC GC Foundation*

## *Role*

The Foundation was created by virtue of Section 70 of the Police (NI) Act 2000 for the purpose of ‘marking the sacrifices and honouring the achievements of the Royal Ulster Constabulary’

## *Objectives*

1. Management responsibility for the RUC GC Garden and for a new purpose-built museum.
2. Undertake joint initiatives with the various Associations or Groups within the RUC family.
3. Support the professional development of police officers and innovations in policing, for example, by providing bursaries and funding research.
4. Arrange and encourage appropriate ‘RUC GC’ Day events – first Sunday in June each year.

## *Contact Details*

**RUC GC Foundation**  
**Brooklyn**  
**65 Knock Road**  
**Belfast**  
**BT5 6LE**

**Tel: (028) 9070 0116**

**Fax: (028) 9056 1516**

**E-mail: [rucgcfoundation@nics.gov.uk](mailto:rucgcfoundation@nics.gov.uk)**

**Web: [www.rucgcfoundation.org](http://www.rucgcfoundation.org)**

## *Trustees*

**Chairman:** Jim McDonald

Cathleen Carlisle  
Dame Geraldine Keegan  
Freddie Hall  
Bertha McDougall  
Trevor Ringland

# *RUC GC Parents' Association*

## *Role*

The RUC GC Parents' Association was formed in 2003. Parents of RUC Officers who have been murdered as a direct result of terrorist action during the troubles have come together and formed an association for mutual support.

The Association works on a regional basis and offers an active programme of social events for members which provides much needed opportunities for social contact.

## *Aims*

The RUC GC Parents' Association was established to:

- Ensure that the parents of murdered RUC Officers receive due recognition of their loss
- Provide welfare and support
- Provide a range of activities aimed at the social support of parents
- Act as a point of reference for parents and as a point of referral for outside bodies
- Facilitate services which address the psychological and physical legacy of trauma and to arrange for the practical needs of parents to be met

### *Liaison with Other Organisations*

The Association has established links with the following organisations:-

- Age Concern Northern Ireland
- Care Forum
- Community Relations Council
- COPS
- Disabled Police Officers' Association of NI
- NICVA
- Northern Ireland Police Fund
- NI Retired Police Officers' Association
- Police Federation of Northern Ireland
- Police Rehabilitation & Retraining Trust
- Police Roll of Honour Trust
- Royal British Legion
- RUC GC Association Branches in Northern Ireland
- RUC GC-PSNI Benevolent Fund
- RUC GC Foundation
- RUC GC Widows' Association

### *Activities*

- Advice and Information
- Group Holidays
- Monthly Support Group
- Remembrance Services
- Research/Reports
- Social Support Activities
- Talks
- Weekend Breaks

### *Contact Details*

**RUC GC Parents' Association**  
**Maryfield Complex**  
**100 Belfast Road**  
**Hollywood**  
**Co Down**  
**BT18 9QY**

**Tel: (028) 9039 3556**

**Fax: (028) 9039 3555**

# *RUC GC Widows' Association*

## *Role*

The Association was formed in 1980 to foster the social wellbeing, friendship, health, recreation and leisure of police widows, and to strengthen and extend facilities for their children.

## *Activities*

- Friendship and support
- Newsletter
- Regional Committee members act as point of contact throughout NI
- Social Events

## *Contact Details*

**Mrs Phyllis Carrothers**  
**Chairperson**  
**RUC GC Widows' Association**  
**Maryfield Complex**  
**100 Belfast Road**  
**Hollywood**  
**Co Down**  
**BT18 9QY**

# *The Police Treatment Centres*

## *Role*

The charity provides intensive physiotherapy, recuperation and complementary treatments for injured and ill police officers with the aim of improving their health and wellbeing.

## **Admissions**

Treatment is provided free-of-charge to those officers who donate to the charity. Retired officers who donated during their service are also eligible to apply for treatment.

Officers seeking treatment should contact the Benevolent Fund or Occupational Health Unit. An application form must be completed in full and signed by a medical practitioner.

The application form and full Eligibility and Admissions policy can be found on our website.

## *Services Provided*

The Police Treatment Centres provides vocational rehabilitation to injured and ill police officers. Treatment programmes are designed to meet the needs of the individual and may include:

- Intensive physiotherapy
- Injury specific fitness and strength classes
- Hydrotherapy
- Appointments with a Patient Support Advisor
- Educational workshops on topics including: sleep and stress; alcohol awareness; and coping with shift work
- Complementary therapies



### *Contact Details*

**The Police Treatment Centres  
St Andrews  
Harlow Moor Road  
Harrogate  
North Yorkshire  
HG2 0AD**

**Tel: 01423 504448**

**The Police Treatment Centres  
Castlebrae  
Castleton Road  
Auchterarder  
Perthshire  
PH3 1AG**

**Tel: 01764 664369**

**Email:  
enquiries@thepolicetreatmentcentres.  
org**

**Web:  
[www.thepolicetreatmentcentres.org](http://www.thepolicetreatmentcentres.org)**

# *Carers' Association*

## *Role*

A support and friendship group for Carers of Terrorist Injured Officers who are clients of the Police Fund.

## *Objectives / Aims*

To meet informally for support & friendship on several occasions throughout a year and to liaise with other groups in the Police Family.

## *Services Provided*

Informal social events, information meetings and to provide general support for one another.

## *Contact Details*

Policy Issues:

**Secretary**  
**C/O Northern Ireland Police Fund**  
**Maryfield Complex**  
**100 Belfast Road**  
**Hollywood**  
**Co Down**  
**BT18 9QY**

**Tel: (028) 9039 3556**

**Fax: (028) 9039 3555**

**Email: [admin@nipolicefund.org](mailto:admin@nipolicefund.org)**

